RISINC[®]





MR. SANJAY GHODAWAT RECEIVES "GLOBOIL PHILANTHROPIST OF THE YEAR 2021" AWARD

STAR AIR BEGINS OPERATIONS ON 3 NEW ROUTES CONNECTING BENGALURU, JAMNAGAR AND HYDERABAD; RECEIVES PHENOMENAL RESPONSE

TIMES GROUP CONFERS 'YOUNG BUSINESS TYCOON 2021 AWARD ON MR. SHRENIK GHODAWAT







Chairman's Message02
Star Air announces free airline tickets for a lifetime to all the Indian medalists at Tokyo Olympics
Renom receives ISO 45001 certification0
Sanjay Ghodawat University Awarded 'Best Private University Award' by Navbharat Media 06
Times Group confers 'Young Business Tycoon 2021 Award' on Mr. Shrenik Ghodawat
Star Air Begins Operations on 3 new Routes connecting Bengaluru, Jamnagar and Hyderabad; Receives Phenomenal Response
Sanjay Ghodawat IIT & Medical Academy receives Best Private Coaching Institute Award through Navbharat Media
Sanjay Ghodawat Group Conducts Outdoor Activities to Boost Employee Morale13
Mrs. Salloni and Mr. Shrenik Ghodawat Featured in Femina Magazine Sept 2021 Edition
Mr. Vinayak Bhosale Awarded with Outstanding Personality in Education Sector by Navbharat Media 16
Mr. Sanjay Ghodawat Receives "Globoil Philanthropist of the Year 2021" Award
Tips to Take care of your Mental Health
Employee Corner
Creative Canvas

CHAIRMAN'S MESSAGE



It gives me immense pride and delight to connect with you once again. I wish, you and your family members are in good health and doing well.

Today, the world is grappling with the COVID crisis. India also got affected severely due to COVID but now slowly inching towards normalcy. That is a positive and healthy sign for all of us. In these challenging times, we have seen people's sufferings and also the uprising of the true Indian spirit, where noble souls from all faiths, castes, and regions came together to preserve humanity. I would like to thank all such people for their selfless service in restoring the faith in humanity. They are the true beacon of hope, love, and kindness.

Now, coming to our group's progress, it gives me pleasure to state that, in the last quarter, Sanjay Ghodawat Group again touched newer heights of success.

Star Air begins operations on 3 new routes connecting Bengaluru, Jamnagar, and Hyderabad. So RENOM, our renewable energy vertical earned ISO 45001 Certification. After launching its 21st franchise store in Palus, Star Localmart is now aiming to expand its business in the Pune region of Maharashtra.

In the education sector as well, Sanjay Ghodawat Group has touched many new milestones. Sanjay Ghodawat University recently awarded as 'Best Private University' by Navbharat Media so our Sanjay Ghodawat IIT & Medical Academy also received the Best Private Coaching Institute Award through an eminent media conglomerate.

Our foundation workers also showed great courage and dedication to serve the needy. All volunteers and administrators who played a pivotal role in helping people during the recent Kolhapur floods deserve a huge round of applause.

The progress has been remarkable but nothing of this would have been possible without the support and dedication of the entire team and business stakeholders. Also, the love and support we received from our customers have helped us grow substantially. I would thus like to thank everyone for their unwavering commitment and dedication that helped Sanjay Ghodawat Group to soar to new heights even in these challenging times.

Be Safe. Be Alert. Happy Reading!!

Sugary Glodemat

Mr. Sanjay D. Ghodawat Founder & Chairman Sanjay Ghodawat Group





STAR AIR ANNOUNCES FREE AIRLINE TICKETS FOR A LIFETIME TO ALL THE INDIAN MEDALISTS AT TOKYO OLYMPICS



To quote legendary Olympian sprinter Milkha Singh, "Hard work, willpower, and dedication. For any person with these qualities, sky is the limit." Standing true to this statement, Star Air promises free lifetime airline tickets to all the Indian Olympic medalists who won at the Tokyo Olympics of 2020.

Just as our Olympic winners have connected India to the world with their historic wins, Star Air prides itself in Connecting Real India by providing world-class aviation services. We are one of the youngest Indian aviation company, connecting 13 cities across the nation. It will be our privilege to offer our Tokyo Olympic champions a lifetime of free air travel. We care and we also recognize that greatness should be valued. We wish to serve our Olympians with nothing but the best.

With an intention to remain true to our customers and deliver our promise of Connecting Real India, the CEO of Star Air Simran Singh Tiwana said, "We would like to thank our Olympic winners for reminding us that hard work and dedication can move mountains. It would be our greatest honor to serve them on-board." Star Air thanks and appreciates every Olympian who has worked hard and excelled in lifting the country's weight on their shoulders. Kudos to team India for their splendid performance and wishing them continued success at the Tokyo Olympics of 2020. diversified Indian conglomerate, having presence in various sectors like Aviation, Consumer Products, Education, Energy, Mining, Realty, Retail and Textiles. With a strong base of over 10,000 employees and millions of customers across India, SGG with great vigor is moving ahead with its wide range of high-quality products and services.

Star Air is part of Sanjay Ghodawat Group (SGG), a

FREE AIR TICKETS Passenger Name: Passenger Name. INDIAN MEDALISTS INDIAN MEDALISTS Date: LISTS From: LIFETIME TOKYO OLYMPICS Arrival & Departure. ALL STAR AIR ROUTES Flight: Seat No: ALL SIM AIR ROUTES STAR AIR 2020 STAR AIR Seat No: 2020

"

We are thrilled to honor our Olympic champions as the first "Forever-Flyers" of Star Air. It is not only about winning a medal, but also about celebrating the self-discipline, devotion, and willpower of every Olympic winner. We want every young Indian to believe that with perseverance and commitment, dreams do come true!

Mr. Simran Singh Tiwana

CEO – Star Air







RENOM RECEIVES ISO 45001 CERTIFICATION

TIV NORD

TÜV NORD CERT GmbH

'SO 45001

Renom was launched in 2015 by Mr. Shrenik Ghodawat with an aim to promote sustainable living and renewable energy. Renom is the Independent Service Provider renewable energy arm of the Ghodawat Group. It is into Operation and Maintenance, Asset Disitigation and Optimization and Value added services of Renewable energy. Today it has a strong portfolio of producing 1106 MW of renewable energy and the first ISP in the country to maintain 1.1GW of renewable assets in comprehensive mode of services.

Adding another boost to its strong profile now Renom has been certified with the ISO 45001 certification through the German based TUV (Technical Inspection Association). Around the world, TUV SUD logo is widely recognized and respected as a trusted symbol of quality, safety and sustainability. The accreditation is proof that Renom is committed to providing quality services without compromising with the environment.

Additionally, Renom acquired a 30 MW Global Wind turbine model GWP47-750kW in Tenkasi, Tamil Nadu in July. It led to a stupendous increase in our portfolio to 1106 MW. Earlier, we were the only ISP that developed SCADA with a single-window dashboard. Now we've become the first ISP in India to maintain 1.1 GW renewable assets in a comprehensive services model. Continuing with our remarkable service, we've successfully replaced 5 no's of 2 MW gearbox of Inox from RENEW POWER and SEMBCORP POWER.

"

At Renom Energy Services, we aspire and persevere to stay distinctly ahead from the myriad of counterparts by delivering international quality services to our stakeholders and clients. According to the international benchmarks, the ISO 45001 Certification is the testimony of our commitment to society and relentless efforts of the management and staff to uphold the quality standards.

Mr. Ranjith Wadhokar Executive Director – RENOM



RISIN



SANJAY GHODAWAT UNIVERSITY AWARDED 'BEST PRIVATE UNIVERSITY AWARD' BY NAVBHARAT MEDIA



Looking at the phenomenal growth of the University, the Navbharat Media recently conferred the 'Best Private University Award' on Sanjay Ghodawat University, Kolhapur. An award function was held in Mumbai by the Navbharat Media where the State Education Minsiter, Uday Samant was the Chief Guest. The award was received by the newly appointed Vice Chancellor of the University, Prof. Dr. Arun Patil on 30th August, 2021.

Sanjay Ghodawat University was formed in the year 2017. It was earlier Sanjay Ghodawat Group of Institutions which was started by the Chairman of Sanjay Ghodawat group in 2009. Over the years it attained great success and from 300 students the educational campus now is catering to more than 15000 students. Before evolving in the University the Sanjay Ghodawat Group of Institutions Engineering and Management colleges received NAAC 'A' grade and also received NBA accreditation for its various programs. The natural progression was to evolve as Private University. Today the Private University has School of Technology, School of Commerce and Management, School of Liberal Arts, School of Science, School of Pharmacy, School of Architecture and School of Computer Applications. Its curriculum is in tandem with the needs of the corporate world and also affords students choice based credit system with honours and minors programs to choose from. Inter-disciplinary approach

in teaching – learning method has won accolades for the University among students and parents. The University also gives 100 percent placement assistance to students and many of its students are successfully placed in Multi – National Organizations and other Institutes. It is in taking this track record of the University in consideration that Navbharat Media conferred the prestigious award on the University.

I am just happy to receive the award on behalf of the University, it is actually a team work and the inspiring leadership of the Chairman, Sanjay Ghodawat that has made the award a possibility.





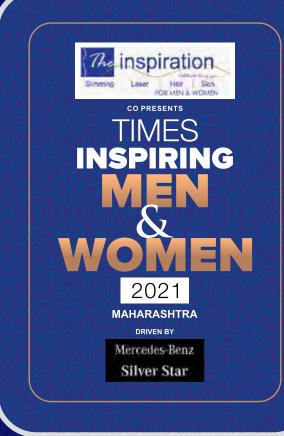
TIMES GROUP CONFERS 'YOUNG BUSINESS TYCOON 2021 AWARD' ON MR. SHRENIK GHODAWAT

Shrenik Ghodawat the Managing Director of the Sanjay Ghodawat Group was recently honoured with the 'Young Business Tycoon 2021 Award' through the Times Group on 28th August, 2021. An article featuring the award and information on Shrenik Ghodawat was featured in Pune Times, 'Times Inspiring Men & Women on the same date.

Shrenik is the Managing Director of Ghodawat Consumer Pvt Ltd (GCPL). He spearheads all the strategic functions of GCPL and has a clear focus on taking GCPL among Top 10 FMCG companies in India. Under his leadership, GCPL has become one of the fastest- growing FMCG enterprises in India and has recently earned a dis- tinguished recognition of becoming a 1,000 Cr revenue company with 50% growth targeted for next two years. As a Director in Renom Energy Services Pvt Ltd (RENOM) which is one of India's largest Independent Service Provider for operation and maintenance of Renewable Energy assets in India, Shrenik Ghodawat is also a director in Star Air, which is one of the most trusted regional airline in India. It has won the trust and hearts of thousands of people with its ontime, affordable and world-class services. It currently flies to 15 destinations in India. Shrenik Ghodawat has been recognised with various National and International awards by prestigious organisations for his exemplary work in varied sectors.

Congratulatory messages for Shrenik Ghodawat have been pouring in from all corners of the country after the news of the award was made public





×

"

7% inspiration

CO PRESENTS

Suver St

C

ar of Approviatio

Our focus at GCPL is to soon go public and make it public limited company. We are into touching and enhancing the lives of people through our products and service and we also now want to make them shareholders as beneficiaries of our profitable business. Awards give recognition to the leader but the leader is backed by a great team work of people and I want to dedicate this award to my team at Ghodawat Group and GCPL.

Mr. Shrenik Ghodawat

Managing Director Ghodawat Consumer Pvt Ltd

77

35th RISINC



STAR AIR BEGINS OPERATIONS ON 3 NEW ROUTES CONNECTING BENGALURU, JAMNAGAR AND HYDERABAD; RECEIVES PHENOMENAL RESPONSE

On 26th August 2021, Star Air expanded its operations under the regional connectivity scheme UDAN by starting direct flight services from Jamnagar to both Hyderabad and Bengaluru. Along with these 4 UDAN flights, the airline also started their first Metro to Metro connection between Bengaluru and Hyderabad.

The inaugural flights witnessed an astounding response of 80% passenger load factor with a 100% on time performance. 4 passengers won free tickets in a lucky draw at the inaugural event.

The inaugural ceremony held at Jamnagar and Hyderabad airport respectively was virtually presided over by the Honorable Minister of Civil Aviation Shri. Jyotiraditya M. Scindia and the Honorable Minister of State for Civil Aviation Gen Dr. VK Singh.

The launch of the direct flight services from Jamnagar to Hyderabad, and Bengaluru is a landmark event in the regional connectivity and promises to benefit commuters across these cities.

Star Air's direct flight services between these cities will now operate three days a week (Tuesday, Thursday, & Saturday).

We ecstatically announce that we have now directly connected the world's oil city Jamnagar to Hyderabad, and to Bengaluru. The response received from our new routes was nothing short of joy and pride. Jamnagar is also the gateway to Dwarkadhish, many from Bengaluru and Hyderabad will benefit from these direct flights. It is our aim to connect many other regional airports in the future.

MAAA

Mr. Sanjay D. Ghodawat

Founder & Chairman Sanjay Ghodawat Group

La and a state and a state a st

(f)ghodawatconsumer

RISINC

ghodawatconsumer

🗩 ghod<u>awatconsumr</u>

10

1 1



SANJAY GHODAWAT IIT & MEDICAL ACADEMY RECEIVES BEST PRIVATE COACHING INSTITUTE AWARD THROUGH NAVBHARAT MEDIA.



Sanjay Ghodawat IIT & Medical Academy recently received "Best Private Coaching Institute in India for Competitive Exams' through the Navbharat Media in a grand program recently held at Mumbai. The Director of SGIMA, Srinivas Konduit (Vasu sir) received the award on 30th August, 2021at a gala function in Mumbai. During this time the Trustee, Vinayak Bhosale and the Vice Chancellor of Sanjay Ghodawat University, Prof. Dr. Arun Patil were also present.

The Sanjay Ghodawat IIT & Medical Academy is a premier Coaching Institute for students aspiring for IITs, NITs and AIIMS for their Engineering and Medical studies after 12th Class. The Coaching Academy focuses on preparing students for competitive examinations like JEE Mains, JEE Advance, NEET, CET etc.

The Institute was established in the year 2014 under the aegis of the Sanjay Ghodawat Educational Campus at Atigre, Kolhapur. Today its branches have spread throughout Maharashtra including Pune, Kolhapur city, Sangli, Ichalkaranji, Belagavi and Latur and further aspires to include more branches in the State and throughout the country. Total 3000 students every year enrol themselves in the Academy at its various branches who aspire for taking admissions at the Premier Engineering and Medical Institutes of the Nation.

The Director of the Institute is Mr.Srinivas Konduti who has a special experienced team at the Academy of expert teacher that are dedicated in bringing out the best in students. Till date the Academy has been instrumental in helping 73 students to be admitted in Indians Institutes of Technology (IITs), 158 students in National Institute of Technology (NITs) and 103 at Government Medical Colleges. The best All India Rank till date has been 205 achieved by Kishan Naval for JEE Mains exam.



"

TTTT

RISING

We have chalked out a tailor made curriculum and schedule that focuses on strengthening the basic concepts of the students that help them to tackle and solve all questions effectively. We also have a rigorous test practice schedule that helps students to adapt themselves to the various competitive exam environment and minuses the fear to help them crack the competitive exams effectively. I am thankful to the Chairman, Hon. Sanjay Ghodawat and the Management Trustee, Mr. Vinayak Bhosale for their able leadership and guidance which has helped me and my team to fearlessly experiment and bring the desired results.

(f)ghodawatconsumer (i) ghodawatconsumer

() ghodawatconsumr

12

Mr. Srinivas Konduti Director – SGIMA

F



SANJAY GHODAWAT GROUP CONDUCTS OUTDOOR ACTIVITIES TO BOOST EMPLOYEE MORALE



In a bid to strengthen the bonding & morale of employees, Sanjay Ghodawat Group recently conducted team hurdle and outbound activities. Salespeople who work for Sanjay Ghodawat Group (Impulse Division) were specially invited to participate in this team hurdle. More than 55 people from Maharashtra and Goa division had come to attend this session at Amba, Kolhapur, Maharashtra.

The goal of this meetup was to improve trust, communication, decision-making, and other team bonding activities so that employees can work in tandem with better peace of mind and efficiency. It was executed under the One SGG initiative, an innovative offering of the HR team to unify the strength of all divisions to achieve greater throughput.

Mr. Shrenik Ghodawat and Mrs. Salloni Ghodawat mentored all the employees and taught them valuable lessons related to sales & marketing. Employees were also provided an opportunity to express their views, challenges faced, and solutions to do better at their job roles.









Why It Was So Important?

In a study of companies with over 500 employees, researchers found that 71% of managers felt that employee engagement was one of the most important factors in overall company success. Despite employee engagement being viewed as positive company-wide, the majority of employees are disengaged at work.

According to Gallup data, only 33% of employees reported they are engaged at work. Low engagement

can be caused by several factors including lack of recognition by managers, poor company communication and not being aligned with the mission of the company.

This special activity, which was conducted from 2 Sept 2021 to 5 Sept 2021, will thus prove beneficial for Sanjay Ghodawat Group employees. It received a thunderous response from employees.

Management is planning to execute more such activities in the future as well for various other divisions.

"

It's clear that company leaders need to start viewing employee engagement as a strategic business objective because engaged employees lead to long-term employee retention, higher levels of productivity, and improved quality of work.

Mr. Shrenik Ghodawat

Managing Director Ghodawat Consumer Pvt Ltd

77





MRS. SALLONI AND MR. SHRENIK GHODAWAT FEATURED IN FEMINA MAGAZINE SEPT 2021 EDITION

September 2021 edition of the popular magazine, 'Femina'. The September edition of the popular Magazine featured 'Pune's Most Powerful Personalities' for 2021-22 in which there's an inclusion of Shrenik and Salloni. A gala of an event was organized on 28th Sept 2021 to celebrate the occasion in Hotel Hyatt Regency, Pune. where the renowned personalities of the business and film fraternity were present. Femina is an Indian magazine owned by Worldwide Media, a wholly-owned subsidiary of the Times Group. Femina, the oldest women's English magazine in the country, has been published for almost six decades. It has

evolved to cover a broad spectrum of topics, including relationships, career, fashion, beauty, and women achievers who have left a mark in their chosen field. It is indeed a noteworthy achievement for Salloni and Shrenik Ghodawat to be featured in the magazine for their noteworthy contribution to the business world.

NG DWE

SALLONI AND SHRENIK GHODAWAT

35th Edition RISING



MR. VINAYAK BHOSALE AWARDED WITH OUTSTANDING PERSONALITY IN EDUCATION SECTOR BY NAVBHARAT MEDIA



The Trustee of Sanjay Ghodawat Educational Campus, Mr. Vinyak Bhosale recently was awarded by the award, 'Outstanding Personality in Education Sector' by Navbharat Media on 30th August 2021 at a grand function in Mumbai. The award was presented by Shri. Uday Samant (Maharashtra State Minister for Higher & Technical Education).

The Trustee, Mr. Vinayak Bhosale has been instrumental in bringing up the Sanjay Ghodawat Institutes in the last 10 years to phenomenal growth and success. The Sanjay Ghodawat Institutes started with 300 students in the year 2009 but today it has an impressive figure of 15,000 students studying from KG to PhD. Today the Sanjay Ghodawat Institute has evolved as Sanjay Ghodawat University, Kolhapur under his able and visionary leadership.





The journey of Mr. Vinayak Bhosale's success story is itself inspirational. . After completing his B.E (E&TC) from Walchand College of Engineering, Sangli he joined Forbes Marshall company in Pune. But his entrepreneurial and adventurous spirit did not let him rest. He came back to his hometown, Jaysingpur and plunged himself IT Business. He toiled day and night to make his 'Viveka Systems' firm a success. He was initially doing business to the Ghodawat Group when the Chairman of the Sanjay Ghodawat Group, Mr. Sanjay D. Ghodawat spotted talent and leadership qualities in him. He picked him up and initially gave him the responsibility of Ghodawat Petrolinks. Mr. Vinayak Bhosale made it a success by his untiring spirit and hard work. Looking at his educational background, the Chairman then promoted him as the Trustee of Sanjay Ghodawat Institutes. At the beginning the institute was facing some challenging times, but Mr. Vinayak Bhosale with his astute administrative abilities and the support of the Chairman roped in the best of educationist from around the country, gave emphasis on academic quality and giving the best of infrastructure and thus made Sanjay Ghodawat Institutes a landmark in the region of Kolhapur and Sangli. Under his leadership, the institute has been recognized by many awards like '25 Most Impactful Institutes from UK & India' through WCRC and KPMG, India. 'Asia's 100 Fastest Growing Institutes' through WCRC, 'One of the top ten upcoming institutes in the Nation' through Business Chronicles, 2nd Rank for SG International School in the State through Education World, Bangalore etc. 44th Rank through Time of India in 2015 and 2016. 'NAAC A' Grade accreditation and NBA Accreditation. He has been awarded 'Best Administrator's Award' through Aavishkar Foundation, Kolhapur. He has also been awarded through C News for his contribution to Educational sector in the year 2017. Recently he was honoured with 'Educational Excellence Award" through the Sanjay Ghodawat Group in February 2018 and also received the State Level 'Navratna Award 2019' through Maharashtra Journalist Association for his contribution to the education field. Recently he has been honoured with the 'Outstanding Personality in Education' by Navbharat Media, 2021.

Edition RISING



MR. SANJAY GHODAWAT RECEIVES "GLOBOIL PHILANTHROPIST OF THE YEAR 2021" AWARD

"People don't care how much you know unless they know how much you care" Well these words are certainly true of Mr. Sanjay Ghodawat, Chairman of Sanjay Ghodawat Group, who through the Sanjay Ghodawat Foundation (SGF) has done exemplary work during the last two years of pandemic.

SGF during the pandemic, has distributed over 5 lakh food packets to those displaced due to the lock down. Many migrants who were stranded for days together found a relief in such help offered in form of food packets, drinking water and other daily essentials.

SGF ran a full-fledged Covid Care Centre at Atigre (Kolhapur), with expert doctors, lifesaving equipment and professional health care facilities. Over 27,500 patients were treated at this Centre. This was done in association with Sanjay Ghodawat University using its hostel building infrastructure for this noble cause.

SGF has also take Mauli Old Age Home under its aegis. Many elderly people who have been displaced from their home find Mauli as their shelter for comfort. SGF has been for the last year has been ensuring that the facility is well equipped with all essentials and is also looking at expanding the same to accommodate more people.

SGF time and again has helped multiple causes for betterment of society. Be it the plantation of over 3 lakh trees or taking a forefront control of restoring and helping flood affected areas of Kolhapur and Sangli through various initiatives.



It is in taking these activities in account that the Globoil India, the world's leading edible oil and agri - trade conference, decided to confer Mr. Sanjay Ghodawat with the 'Philanthropist of the Year 2021' Award.

"

I'm very humbled to receive the award on behalf of the entire team of SGF for all the efforts taking during these trying times. Last two years have been very challenging to entire humanity throughout the world and SGF is doing its bit to provide all the support it can to come out stronger from this situation. SGF remains fully committed to continue to work on various social causes and uplift the society as whole.

Mr. Sanjay Ghodawat

Founder & Chairman Sanjay Ghodawat Group



TIPS TO TAKE CARE OF YOUR MENTAL HEALTH

An important part of keeping fit and healthy is to take care of your own mental health. There are plenty of things you can do to help make sure you keep yourself mentally healthy.

Get plenty of sleep

Sleep is really important for our physical and mental health. Sleep helps to regulate the chemicals in our brain that transmit information. These chemicals are important in managing our moods and emotions. If we don't get enough sleep, we can start to feel depressed or anxious.

Eat well

Eating well isn't just important for our bodies, but it's also important for our minds. Certain mineral deficiencies, such as iron and vitamin B12 deficiencies, can give us a low mood. Try to eat a balanced diet. If you find you're a particularly stressed or anxious person, you should try limiting or cutting out caffeine as this can make you feel jittery and anxious.

Avoid alcohol, smoking and drugs

Drinking and smoking aren't things which we always associate with withdrawal symptoms, but they can cause some which impact on your mental health. When you've had a few drinks you can feel more depressed and anxious the next day, and it can be harder to concentrate. Excessive drinking for prolonged periods can leave you with a thiamine deficiency.

Get plenty of sunlight

Sunlight is a great source of vitamin D. Vitamin D is a really important vitamin for our bodies and our brains. It helps our brains to release chemicals which improve our mood, like endorphins and serotonin. Try to go out in the sun when you can, but make sure you keep your skin and eyes safe. 30 minutes to two hours a day of sunlight is ideal.

Manage stress

Stress is often unavoidable, but knowing what triggers your stress and knowing how to cope is key in maintaining good mental health. Try to manage your responsibilities and worries by making a list or a schedule of when you can resolve each issue. Often if you break down your worries and stresses and write them down, you realise that they are manageable.

Activity and exercise

Activity and exercise are essential in maintaining good mental health. Being active not only gives you a sense of achievement, but it boosts the chemicals in your brain that help put you in a good mood. Exercising can help eliminate low mood, anxiety, stress and feeling tired and lazy. It is also linked to living a longer life.

Do something you enjoy

Try to make time for doing the fun things you enjoy. If you like going for a walk, painting or a specific TV show, try to set aside time to enjoy yourself. If we don't spend any time doing things we enjoy, we can become irritable and unhappy.

Connect with others and be sociable

Make an effort to maintain good relationships and talk to people whenever you get the chance. Having friends is important not just for your self-esteem, but also for providing support when you're not feeling too great. Research has found that talking to others for just ten minutes can improve memory and test scores!

Do things for others

Helping others isn't just good for the people you're helping; it's good for you too. Helping someone can help with your self-esteem and make you feel good about your place in the world. Feeling as though you're part of a community is a really important part of your mental health. You could try volunteering for a local charity, or just being neighbourly.

Ask for help

One of the most important ways to keep yourself mentally healthy is to recognise when you're not feeling good, and to know when to ask for help. There's no shame in asking someone for support if you're feeling low or stressed. Everyone goes through patches where they don't feel as good as they should. You can try speaking to your friends or family, or if you think your mental health is getting on top of you then you can speak to your GP.



EMPLOYEE CORNER



Mr. Sourabh Karyappa Sr. Executive Purchase

Q.1 How is your till date experience with Sanjay Ghodawat Group?

I have been working in Sanjay Ghodawt group since 2018 as Sr. Executive Purchase. I have worked with the various organization but experience with Sanjay Ghodawt group is just amazing. The professionalism of management is just a delight & the work like balance is also really good. During my tenure, I have learnt many things & got knowledge from Management & Senior Persons Like Mr Rajesh Ghodawat Sir, Mr Sahil Shah Sir and other top management. The policies of the organization is employee-friendly I am happy to be a part of this fastest-growing group.

Q.2 What challenges have you faced at your work?

During Tetra Project & Pet expansion, Setup of New Boiler we have faced many challenges. We wanted high-quality equipment set up with minimal cost in a very short period & we did this as per organization requirements. I think that is the most important achievement ever for me. One of the greatest challenges in procurement is identifying the right supplier who provides not only quality products but also Superior service.

Q.3 How do you place your contribution in assigned tasks?

The procurement department serves its internal departments by procuring the goods and services they need in a timely manner while also maintaining the company's financial health. My contribution in my assigned tasks is to find the various supplier who produces high-quality material in best cost & in a given timeline, Planning and budgeting of purchase functions, cost estimation. contract negotiations. involvina Implementing systems to avoid situations like over-stocking or out-of-stock which cause production and financial losses & to deal & negotiations with venders.

Q.1 How is your experience with SGG till date?

Since JAN 2019 work together in Sanjay Ghodawat Group I achieved stability in my life and live Enhancing socially. My journey has been with joy and success. I am very grateful to MD Sir and all Sanjay Ghodawat Group staff who encourage me & to grow.

Q.2 What challenges have you faced at your work?

When I am working as Production manager in Beverage division I believe that individual growth is highly influential in society recover from only Sanjay Ghodawat Group. Whenever I share my experience to my staff members it is look like Build Proactive Attitude towards work. I have always managed the challenges by proper discussion with supporting staff.

Q.3 How do you place your contribution in assigned tasks?

When I am see MD sir and management team I learn Time and Stress Management from them timely. In my place I fulfill contribution my assignment for Team development with associated for division growth. I have always given my best to meet produced Ghodawat brand products as per set standards.



Mr. Suryakant S. Banne

Production Manager (Beverage division)







Sakshi Bhutada (SE, CSE)



Sandeep Kirtkar (GD, Sanjay Ghodawat Group)



Dattatray Patil (SE, Mech.)



Abhishek Kore (BE, E&TC)

66 In photography, there is a reality so subtle that it becomes more real than

reality. **99**

- Alfred Stieglitz



0X